

KRON AKTIV 2022
06.06.-24.06. and from 05.09.-30.09.2022
(without kids program)

MONDAY

The spirit of herbs: herbal and Kneipp walk on the panoramic trail in Reischach

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm

Difficulty: Easy

Panoramic views: hike on and around the Kronplatz

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm

Costs: ticket cable car

Difficulty: easy

Nature's spectacle: hike to the Earth Pyramids

Start: 10:00am Outdoorcenter Reischach, **10:15am** Percha Pizzeria
Koriander

Return: 4:00pm

Difficulty: Medium

Action! Mountainbike technique training BASIC COURSE and riding on trails

Start: 10:00am Outdoorcenter Reischach

Return: 3:00pm (lunch break 12.00pm – 1.00pm)

Costs: 20,00 € (Bike and equipment)

Action! Mixed Mountainbike (MTB + E-MTB) tour to the Reiner Wasserfälle

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 20,00 € (Bike) or 50,00e (E-Bike)

Difficulty: Easy

TUESDAY

Bruneck's most beautiful places: Hike to the landmarks of Bruneck

Start: 10:00 office of the tourism agency of Bruneck

Return: 14:30

Difficulty: easy

Nature's spectacle: Hike to the mountains of Falzes

Start: 09:00am Outdoorcenter Reischach, 09:15am sports area Falzes

Return: 4:00pm

Difficulty: Medium

E-Bike Fully day tour to the Angerer Alm

Start: 10:00am Outdoorcenter Reischach

Return: 3:30pm (lunch break 12.00pm – 1.00pm)

Costs: 50,00 € (Bike and equipment)

Difficulty: Easy-Medium

Action! Challenging E-MTB Trail Tour

Start: 09:30pm Outdoorcenter Reischach

Return: 2:30pm

Costs: 50,00 € (Bike rental)

Difficulty: difficult

Trampoline with Bagjump:

Start: 10.00am Outdoorcenter Reischach

Return: 12.00am

WEDNESDAY

Herbal walk: in Stefansdorf

Start: 10:00am fire station Stefansdorf
Return: 2.00pm
Difficulty: Easy

Farm visit: hike to bake bread followed by tasting session

Start: 10:30am Outdoorcenter Reischach, Stefansdorf
Return: 3:00pm
Difficulty: Easy/Medium

Mountain hike: Around the Dolomites

Start: 09:00am Outdoorcenter Reischach , **09:10am:** bus station
St.Lorenzen
Return: 4:00pm
Difficulty: Medium

E-Bike Tour: Earth Pyramids and Gönneralm

Start: 10:00am Outdoorcenter Reischach
Return: 3:00pm
Costs: 50,00 € (Bike)
Difficulty: medium

Action! Mountainbike technique training + DH technique training BEGINNERS COURSE

Start: 10:00am Outdoorcenter Reischach
Return: 3:00pm (lunch break 12.00pm – 1.00pm)
Costs: 50,00 € (Bike and equipment) + full day ticket for the lift
Difficulty: Easy/Medium

THURSDAY

Panoramic views: hike on and around the Kronplatz

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm

Costs: ticket cable car

Difficulty: easy

The mountain is calling: Mountain hike in the Alps

Start: 09:00am Outdoorcenter Reischach or **09:20** bus stop "Pustra Schuppm"

Return: 4:00 pm

Difficulty: Medium

Cross Country: Easy Mixed-Mountainbike (MTB + E-MTB) tour around Bruneck

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 20,00 € (Bike rental) or 50,00€ (E-Bike)

E-Bike: full day tour to the Hofstadalm and descent on the trails in Anterselva

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 50,00 € (Bike rental)

Difficulty: medium

Action! Downhill technique training for advanced riders

Start: 09:00am Outdoorcenter Reischach

Return: 12:00am

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

Difficulty: Medium-Difficult

FRIDAY

Back to nature: herbal and Kneipp walk in Gais

Start: 10:00am parking playing grounds Gais

Return: 2.00pm

Difficulty: Easy

The mountain is calling: Hiking to the beautiful mountain huts in Val Pusteria

Start: 09:00am Outdoorcenter Reischach

Return: 4:00 pm

Difficulty: Medium

Action! Mountainbike technique training **BASIC COURSE**

Start: 09:00am Outdoorcenter Reischach

Return: 12:00am

Costs: 20,00 € (Bike and equipment)

E-Bike: full day MTB tour: “Badl im Mühlbacher Talele”

Start: 10:00am Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike rental)

Difficulty: medium

Action! Downhill technique training for advanced riders

Start: 1:00pm Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

Difficulty: Medium-Difficult

KRON AKTIV 2022
27.06. – 02.09.2022
(With kids' program)

MONDAY

The spirit of herbs: herbal and Kneipp walk on the panoramic trail in Reischach

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm

Difficulty: Easy

Nature's spectacle: hike to the Earth Pyramids

Start: 10:00am Outdoorcenter Reischach, **10:15am** Percha Pizzeria
Koriander

Return: 4:00pm

Difficulty: Medium

Action! Via ferrata (Lagazuoi) with an alpine guide *

Start: 8:00am Outdoorcenter Reischach

Return: 3:00pm

Costs: 25,00€ equipment

Difficulty: Easy/Medium

Action! Mountainbike technique training **BASIC COURSE and riding on trails**

Start: 10:00am Outdoorcenter Reischach

Return: 3:00pm (lunch break 12.00pm – 1.00pm)

Costs: 20,00 € (Bike and equipment)

Action! Mixed Mountainbike (MTB + E-MTB) tour to the Reiner Wasserfälle

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 20,00 € (Bike) or 50,00e (E-Bike)

Difficulty: Easy

Kneipp walk for kids: in Reischach/ Riscone*

Start: 10.00am Outdoorcenter Reischach

Return: 4.00pm

Costs: 10,00 € (lunch)

TUESDAY

Bruneck's most beautiful places: Hike to the landmarks of Bruneck

Start: 10:00 office of the tourism agency of Bruneck

Return: 14:30

Difficulty: easy

Nature's spectacle: Hike to the mountains of Falzes

Start: 09:00am Outdoorcenter Reischach, **09:15am** sports area Falzes

Return: 4:00pm

Difficulty: Medium

E-Bike full day tour to the Angerer Alm

Start: 10:00am Outdoorcenter Reischach

Return: 3:30pm (lunch break 12.00pm – 1.00pm)

Costs: 50,00 € (Bike and equipment)

Difficulty: Easy-Medium

Action! E-Bike Tour: Difficult Full day E-Bike tour to the Kronplatz with descent on the Gassl trail*

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 50,00 € (Bike)

Difficulty: difficult

Climbing, skyscraper and trampoline: day on top of the Kronplatz*

Start: 10.00am Outdoorcenter Reischach

Return: 4.00pm

Costs: 15,00 € (lunch and ticket for the cable care)

Trampoline with Bagjump:

Start: 10.00am Outdoorcenter Reischach

Return: 12.00am

WEDNESDAY

Herbal walk: in Stefansdorf

Start: 10:00am fire station Stefansdorf
Return: 2.00pm
Difficulty: Easy

Farm visit: hike to bake bread followed by tasting session

Start: 10:30am Outdoorcenter Reischach, Stefansdorf
Return: 3:00pm
Difficulty: Easy/Medium

Mountain hike: Around the Dolomites

Start: 09:00am Outdoorcenter Reischach, **09:10am:** bus station
St.Lorenzen
Return: 4:00pm
Difficulty: Medium

Action! Via ferrata with Alpine Guide*

Start: 8:00am Outdoorcenter Reischach
Return: 3:00pm
Costs: 25,00€ equipment
Difficulty: Difficult

Action! Mountainbike technique training + DH technique training BEGINNERS COURSE

Start: 10:00am Outdoorcenter Reischach
Return: 3:00pm (lunch break 12.00pm – 1.00pm)
Costs: 50,00 € (Bike and equipment) + full day ticket for the lift
Difficulty: Easy/Medium

The farm and its animals: at Riscone*

Start: 10.00am Outdoorcenter Reischach
Return: 4.00pm
Costs: 10,00 € (lunch)

THURSDAY

Panoramic views: hike on and around the Kronplatz

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm

Costs: ticket cable car

Difficulty: easy

The mountain is calling: Mountain hike in the Alps

Start: 09:00am Outdoorcenter Reischach or 09:20 bus stop "Pustra Schuppm"

Return: 4:00 pm

Difficulty: Medium

Cross Country: Easy Mixed-Mountainbike (MTB + E-MTB) tour around Bruneck

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 20,00 € (Bike rental) or 50,00€ (E-Bike)

E-Bike: full day tour to the Hofstadalm and descent on the trails in Anterselva

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

Costs: 50,00 € (Bike rental)

Difficulty: medium

Climbing, skyscraper and trampoline: day on top of the Kronplatz*

Start: 10.00am Outdoorcenter Reischach

Return: 4.00pm

Costs: 15,00 € (lunch and ticket for the cable care)

FRIDAY

Back to nature: herbal and Kneipp walk in Gais

Start: 10:00am parking playing grounds Gais

Return: 2.00pm

Difficulty: Easy

The mountain is calling: Hiking to the beautiful mountain huts in Val Pusteria

Start: 09:00am Outdoorcenter Reischach

Return: 4:00 pm

Difficulty: Medium

E-Bike: full day MTB tour: "Badl im Mühlbacher Talele"

Start: 10:00am Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike rental)

Difficulty: medium

Action! Downhill technique training for advanced riders

Start: 1:00pm Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

Difficulty: Medium-Difficult

Moving in nature: Treasure hunt and Olympics

Start: 10.00am Outdoorcenter Reischach

Return: 4.00pm

Costs: 10,00 € (lunch)

*Only July and August
Changes reserved